

Mason District Hospital Board of Director's Meeting
Administrative Conference Room
May 22nd, 2024

Members Present:

W. Blessman, Chairman
D. Houghton, Vice Chairman
D. Bryant, Treasurer
M. Balbinot, Secretary
R. Fornoff
L. Leach
A. Tucker
D. Gunter

Members Absent:

C. Himmel

Others Present:

D. Adcock, CEO
K. Canevit, CNO
S. Noll, MD
A. Svob, RN
J. Shults, Recorder

Others Absent:

L. Bonnett, CFO

I. **CALL TO ORDER**

Mr. Blessman, Chairman called the meeting of the Board of Directors of Mason District Hospital to order at 7:00 AM, Wednesday, May 22nd, 2024.

II. **QUORUM**

Roll call was taken to establish a quorum.

III. **PUBLIC COMMENTS**

No comments at this time.

IV. **APPROVAL OF MINUTES**

The monthly meeting minutes of March 27, 2024 were approved by unanimous vote.

V. **OLD BUSINESS**

No old business to be discussed.

VI. **REPORTS**

A. **Administrator's Report**

Mrs. Adcock updated the Board on the activities taking place at the organization since the last Board meeting, (a copy of the Administrator's Report is attached to and considered part of the permanent minutes on file in Administration).

Mrs. Adcock reported that she received an email stating that Dr. Silva, Dermatologist from Springfield Clinic is double booking herself and has requested that her Physician Assistant come with her. She reported that we are working with Dr. Silva and Springfield Clinic to get her PA here. She reported that Dermatology services are taking off and the next available appointment is in August.

B. Financial Report

Mrs. Adcock briefly reviewed the Financial Report for April 2024, (a copy of the March and April 2024 Financial Reports are attached to and considered part of the permanent minutes on file in Administration).

Mrs. Adcock reported that we have a positive variance on the revenue of \$844,000 from outpatient services FY24 year to date and a positive variance for the clinics of \$210,000. It was reported that for expenses we are at a positive \$481,000. It was reported that for October to April we are at \$1.7M with bottom line budget of \$250,000. It was reported that cash is at \$12M and is pending the 2023 cost report settlement. It was reported that the bond will be paid off in December 2025.

Mrs. Adcock briefly reviewed the Balance Sheet which showed a Total Board Designated Cash and Investment to be \$ 4.0M.

Mrs. Adcock reported that numbers were up for Surgery, ER, Occupational Therapy, CT, Clinics and Senior Advantage.

C. AUXILIARY REPORT

Mrs. Adcock reported that the Auxiliary Luncheon was held on May 3, 2024 and a check for \$20,000 was presented towards the portable ultrasound.

Mrs. Adcock reported that the transportation vans have been in place for two months and have done 188 trips. It was reported that the goal was to schedule the patients that come two to three times per week. It was reported that the patients are being brought for PT/OT, Labs, X-rays and Specialty Clinic appointments. It was reported that we do go to Mason City and Manito to pick up patients as well. It was reported that we are looking at doing something in October to bring patients in for their mammograms. She reported that there would be a big VIP event in October for mammograms.

Dr. Noll reported that there were patients that would miss their appointments in the past due to lack of transportation and now have benefited from the transport vans since they can get to their appointments to help with their care.

D. Medical Staff

S. Noll, MD reported that the Medical Executive Committee of the Medical Staff met on April 8, 2024 and May 13, 2024. Dr. Noll reported that the Medical Executive Committee recommended the following:

- Joseph Harbourn, NP – Privileges to the Allied Health Staff as a Nurse Practitioner
- Glen Feather, DO – Privileges in Pain Medicine
- Shawn Wynn, CRNA – Privileges to the Allied Health Staff as a CRNA with additional privileges for IV Sedation

· Ernerio Alboliras, MD – Privileges in Cardiology

Mr. Bryant made a motion to approval as recommended by the Medical Staff. Seconded by Mr. Gunter. The Ayes carried the motion by unanimous vote.

S. Noll, MD reported that the Medical Executive Committee recommended the following be granted re-appointment to the Medical Staff as indicated:

· Anand Patel, MD – Re-appointment to the Telemedicine Staff as a Neurologist

Mr. Bryant made a motion to grant re-appointment of the Medical Staff as recommended by the Medical Staff. Seconded by Mr. Gunter. The Ayes carried the motion by unanimous vote.

Dr. Noll reported that at previous meetings the ACO was discussed. He reported that staff have been working very hard getting better on all categories. He reported that for 1st Quarter, 2024 our numbers are doing good and we are above average in all categories.

VII. **NEW BUSINESS**

A. Professional Advisory

Mrs. Canevit reviewed the Professional Advisory report with the Board. (Copy attached to and considered part of the permanent minutes on file in Administration). It was reported that the Joint Commission surveyor made some recommendations to update certain policies or add something to the policies which has been completed.

Mr. Houghton made a motion for approval. Seconded by Mrs. Leach. The Ayes carried the motion by unanimous vote.

B. Senior Advantage / Mental Health Awareness

Mrs. Canevit introduced Alison Svob, Manager of Senior Advantage. She reported that the patients make nice postings and comments about the staff and the job they are doing. She reported that Mrs. Svob was going to give some information about what she does and what's taking place in Senior Advantage.

Mrs. Svob gave some background of what departments she has worked in over her 23 years of employment at Mason District Hospital. She reported that she took over as Manager of Senior Advantage in January 2023.

Mrs. Svob reported that since the program started in 2009, 235 patients have graduated from the program. She reported that they are a behavioral health intensive outpatient program for Medicare aged patients. She reported that Medicare pays 80% and Medicare B pays 80% and any qualifying secondary insurance is included to help with the cost. She reported that a Physicians order is not needed for a patient to be in the program, anyone can be referred to the program by family, friends, etc. She reported that patients may have a depressed mood, not socializing with anyone, grieving, crying or not coping with physical

changes. She reported that this is a voluntary program and they tell the patients to give them three weeks to decide if they like the program or choose another option.

Mrs. Svob reported that there is a free pre-screening with a therapist and nurse and they work closely with the patients' primary care physician for any medication changes and updates. She reported that the program last 18 to 20 weeks and some patients may stay in the program for a longer or shorter time. She reported that the family and caregivers are involved. She reported that group therapy is two to three times per week and they do offer individual and family therapy if needed. She reported that the patients are the leaders of the team and they start the discharge planning the day of admit. She reported that they do a one year follow up to check on medications, see if there are any needs, etc. She reported that they have alumni gatherings where past patients will come in for a luncheon or coffee.

A question was asked if they get any referrals from law enforcement or if they have reached out to Sherriff Paul Gann since they do get calls for wellness checks. It was reported that they don't get any referrals from law enforcement, but could reach out to Sherriff Gann.

Mr. Gunter reported that the American Legion has a program called "Be the One" for Veteran suicides. He reported that Columbia University has an online program to train veterans on how to talk to veteran's that are suicidal. He reported that he was not sure if this was something that Mason District could sponsor or not. He reported that he would like to find a way to get the information out to the public that there is something available.

Mrs. Svob reported that they would like to start doing support groups in the evening like a grief program or something for forty to sixty-five year olds helping take care of their parents or family members.

Mrs. Adcock asked if the hospital could come talk to the American Legion members. Mr. Gunter reported that he could set up something.

A question was asked about what staff they have at Senior Advantage.

Mrs. Svob reported that Dr. Richard Alexander was the Physician, Full time therapist, Corinna Markel-Pickle, another therapist, Kathy Ring, two unit clerks and a full time nurse. It was reported that the counselors come in person.

Mrs. Adcock reported that there was a flyer regarding Mental Health Awareness and Senior Advantage is hosting Free Depression and Anxiety screenings for those 60 and older with Medicare every Thursday in May from 1-3 PM.

C. Board Meeting Time

Mr. Blessman reported that there have been some discussions to change the Board meeting time from 7 AM. He reported that the meeting needs to take place when it's convenient for

the staff since they start seeing patients at 8 AM or before and we don't want to disrupt patient schedules. Discussion took place regarding having the meeting at 7 AM or at noon and have a lunch provided. Suggestion was made try the meeting at 8 AM and if any issues came up, the time could be changed again.

Mr. Bryant made motion for the meeting time to be changed to 8 AM on the fourth Wednesday of each month. Seconded by Mrs. Balbinot. The Ayes carried the motion by unanimous vote.

D. Strategic Planning FY25

Mrs. Adcock reported that Mason District Hospital had a Strategic Plan back in 2016 and have accomplished all our goals. She reported that we need to have a new Strategic Plan for the future. She reported that ICAHN sent a reference for Kathy Hull, retired CEO from CAH in Pittsfield, Illinois. She reported that with Kathy's help we would update the organization chart, have a clearer vision statement and concentrate on leader education for roles and responsibilities.

Mrs. Adcock reported that they would look at marketing data and produce a social determinates report for Mason County. It was reported that she would come back in August for a one-day retreat with leadership to work on their department plans. It was reported that Kathy recommends a SOAR (strengths, opportunities, aspirations) and results instead of a SWAT analysis.

Mrs. Adcock made a request that we accept the ICAHN contract to engage Kathy Hull for FY25 Strategic Planning for a cost of \$10,000.

Mrs. Balbinot moved to accept the ICAHN contract to engage Kathy Hull for FY25 Strategic Planning. Seconded by Mr. Fornoff. The Ayes carried the motion by unanimous vote.

Mr. Bryant reported that years ago there was a retreat for the Physicians, their spouses, the Board members and their spouses where thoughts and ideas were shared about how things were going. He suggested that we have another retreat for this.

Mrs. Adcock reported that on Monday, June 10, 2024 at 10 AM, Kathy Hull will meet with the Board for the Soar exercise. She reported that we would look into a retreat outside the hospital as well.

VIII. EXECUTIVE SESSION

After discussion, it was decided that there was no need to go into Executive Session.

IX. RECONVENE

Meeting did not reconvene since there was no need to go into Executive Session.

X. OTHER

Mrs. Adcock reported that for quality reporting it is an oversight of the quality measures for

departments and those reports would come to the Board. She reported that per the Joint Commission Summary, we are a high quality and high functioning organization and they are very pleased with our staff and our processes.

It was reported that the process for reporting the quality was going to be revamped.

Mrs. Adcock reported that there has been an increase in marketing on the hospital's Facebook Page to provide coverage of services provided and sharing positive stories.

Mr. Gunter reported that this coming Friday they will be putting out 1250 flags on graves and putting up the avenue of flags at Laurel Hill Cemetery if anyone would be interested in volunteering. He reported there would be a Memorial Day Program at the City Center at 10 AM on Memorial Day.

XI. **ADJOURN**

Mr. Bryant made motion to adjourn the session at 8:01 AM. Seconded by Mr. Gunter. The Ayes carried the motion by unanimous vote.

Respectfully Submitted,

**Marty Balbinot, Secretary
Board of Directors**